

Skate Norfolk part of Everything Leisure Ltd

ASSUMPTION OF RISK AND INDEMNITY AGREEMENT- WAIVER AND RELEASE OF LIABILITY FORM (This release remains current and binding for any or all Skate Norfolk events*)

SKATE NORFOLK's skate sessions may include, but not be limited to, general skate sessions, instructional sessions, school sessions, birthday/themed skate parties, demonstration sessions and competitions (hereinafter all collectively referred to as '**events**'). Skate Norfolk is part of the social enterprise Everything Leisure Ltd.

I and those I sign on behalf of (hereinafter all collectively referred to as 'I'). Where 'my' or similar meaning words are used it cover myself it also has the same meaning for all those I sign on behalf of as if they were myself.

I and my heirs, assigns, representatives, executors, administrators, successors and next of kin, hereby fully release Everything Leisure Ltd, including their officers, employees, volunteers and leisure centre staff, from any and all liability for negligence, actions, causes or right of action, suits, damages, judgements, executions, claims and demands whatsoever, either in law or equity, by reason of any matter, cause or thing whatsoever, known or unknown, arising from any accident, injury, death or property damage arising out of the use of facilities at, or presence during the **Skate Norfolk** events, even if the liability arises out of negligence that may not be foreseeable at this time. I agree to indemnify **Skate Norfolk** against and save it harmless from any and all damages, actions, claims, judgements, cost of litigation and legal fees which may result from my use of, or presence at **Skate Norfolk** events, including damage arising from **Skate Norfolk** equipment.

I understand this release contains the entire agreement between the parties hereto, and shall be considered a contractual agreement, and not a mere recital and parties hereby agree that this Assumption of Risk and Indemnity Agreement - Waiver and Release of Liability and shall remain current, effective and fully binding from the moment of signing and continuously throughout all **Skate Norfolk** events.

I agree to inspect the facilities and equipment to be used and if I believe anything to be unsafe I will immediately advise **Skate Norfolk** of such conditions and refuse to participate.

I understand and agree that roller skating / roller blading / inline skating / heelys / skateboarding / scooter activities are dangerous and that I will be exposed to various risks when participating or merely by observing not only from my own actions, but the actions of others, the conditions of the premises or any equipment used, as well as from circumstances that may be not known to me or not reasonably foreseeable at this time. Risks include, but are not limited to bruises, broken bones, dislocations and muscle pulls, permanent paralysis and death. Skating without protective safety wear will be solely at my own risk.

I skate and play games at my own risk. I further agree to use my best judgment in undertaking these activities, and to use and/or receive and strictly adhere to all safety instructions and recommendations, whether oral or written.

I agree to adhere to **Skate Norfolk CODE OF CONDUCT** and behave in an orderly manner towards **Skate Norfolk**, including their officers, employees, volunteers, Leisure Centre staff as well as other skaters. Failure to do so may result in exclusion from the skating session, without refund.

In the event of illness or accident, I give my permission for medical treatment to be administered where considered necessary by a nominated first-aider, or by suitably qualified medical practitioners.

I declare that I have no physical or medical conditions that would be affected by my participation in the **Skate Norfolk** events.

I understand that entry into **Skate Norfolk** events constitutes my express consent to the use any recordings and photos taken while I am at the skating sessions, for publicity or advertising.

I acknowledge the contents of this form and agree to be bound by its terms. I understand that any and all risks, whether known or unknown, are expressly waived in advance.

By signing the waiver and providing such contact details such as your phone number, email address you have given **Skate Norfolk** the permission to contact you with any updates or offers using the contact details provided.

I have carefully read this entire agreement and have signed Skate Norfolk Registration Form freely and voluntarily. Furthermore, I agree that this release is intended to be as broad and inclusive as possible. All details in this form are complete and correct.

Skate Norfolk part of Everything Leisure Ltd CODE OF CONDUCT

Skaters and Spectators understand and agree to abide by the following:

1. By engaging in skating, you have signed the **Skate Norfolk ASSUMPTION OF RISK AND INDEMNITY AGREEMENT - WAIVER AND RELEASE OF LIABILITY**, you are deemed to have knowledge of and have assumed the inherent risks of skating which include, but are not limited to injuries that result from falls and Injuries that result from collisions or contact with other skaters or other individuals who are on the floor.
2. If you are pregnant or think you may be pregnant, have a medical condition, or have a pre-existing injury that may be aggravated by this activity, **PLEASE DO NOT SKATE**.
3. When entering or leaving **Skate Norfolk** events, we strongly recommend that normal street footwear is to be worn, **NOT** skates. If you or those you are looking after do not follow our recommendations you take full responsibility.
4. Queue jumping is not allowed. The skater will be removed from the queue and will be allowed entry when the queue has gone. Use correct name when signing in. Incorrect names/abusive wording can cause the skater to be banned.
5. Anyone under the influence of **ALCOHOL** or **ILLEGAL SUBSTANCE** will **NOT** be allowed entry to **Skate Norfolk** events.
6. Children under the age of nine (9) must at all times be **THE RESPONSIBILITY OF AND ACCOMPANIED BY** a parent or legal guardian. or designating supervising adult.
7. When entering and leaving the room Spectators/anyone not wearing skates should walk close to the wall. A parent, child or children or any other person not participating in skating is to remain seated unless they have signed or someone has signed on their behalf and they are covered by these agreements. If requested by **Skate Norfolk** spectators/anyone not wearing skates should remain seated throughout the session.
8. **Skate Norfolk** strongly recommends skaters to wear wrist guards. Only safety helmets are allowed on the skating area all other headwear such as baseball caps, hat, etc. should be removed when skating.
9. Throwing of any object is not allowed, unless **Skate Norfolk** has provided the item specifically for that purpose. E.g. Soft balls. Do not throw or leave any other foreign objects on the floor
10. A skater who has taken their skates off may be barred from entering the skating area before, during or after the **Skate Norfolk** events.
11. Sitting, standing still or lying on the skating area is not normally allowed and if a skater or anyone covered by this Code of Conduct does so and are asked to move, they must do so immediately or will be in breach of this code.
12. Remove skates before using the toilets. Use the toilet before the session. We only allow one visit to the toilet during the session. More than one visit to the toilet in one session requires the skater's parent to supervise the toilet visit.. No skaters are allowed to roam around the centre.
13. When skating, socks **MUST** be worn.
14. All beginners must advise a member of **Skate Norfolk** team. A 10 graded scheme with certificates is included within the cost of the sessions.
15. Refrain from skating close to any wall or post.
16. Accept responsibility for knowing the range of your ability whilst on skates and skate within that ability.
17. Fast skating within the general session is not allowed. If you are passing more skaters than are passing you, you are skating too fast.
18. Refrain from acting in a manner that may cause or contribute to injury of you or another person. Pushing, tripping, horseplay or intentional interference of other skaters is absolutely forbidden. Maintain a proper lookout to avoid other skaters, objects or conditions on the floor.
19. Some games are for experienced skaters **ONLY** to develop advanced skating skills. Play games at your own risk.
20. Carrying children whilst on skates is forbidden.
21. Food and drink are not allowed in the skating area. All spillages must to be reported immediately.
22. Refrain from using mobile phones when skating. They are likely to get damaged and they distract skaters.
23. Do not sit on tables, stacked mats, counters or anything other than a chair, bench or floor area off the skating area.
24. Read and abide all posted signs and warnings.
25. Do not instigate or become involved in any type of altercation with any skater, spectator, **Skate Norfolk** staff or leisure centre staff or engage in any abrasive, abusive, or disorderly conduct. Refrain from any behaviour or comments, which are sexist, racist, abusive, disrespectful or otherwise offensive. **Skate Norfolk** staff reserve the right to ask skaters and spectators to leave the facility at any time with no refund.
26. Smoking in or around the building is not allowed.
27. Non skating **PARENTS, GRANDPARENTS, LEGAL GUARDIANS** and authorised adults are the **ONLY** people admitted **FREE**. **Skate Norfolk may allow siblings and friends totally at their discretion**.
28. Please **LISTEN** and **ADHERE** to **ALL** announcements given by **Skate Norfolk** staff and volunteers. If you have difficulty understanding the announcements please feel free to approach a member of **Skate Norfolk** team who will be happy to explain them.

THANK YOU FOR YOUR CO-OPERATION, IT IS GREATLY APPRECIATED.

PLEASE SKATE SAFELY AND ENJOY BECOMING FITTER

www.skatenorfolk.co.uk a Social Enterprise encouraging fun fitness

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